



**WHOLE HEALTH<sup>SM</sup>**

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**\*\*Photo opportunities available\*\***

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**WHOLE HEALTH MANAGEMENT OPENS SECOND ON-SITE  
WELLNESS CENTER FOR SPRINT EMPLOYEES AND DEPENDENTS**

*Proactive Employee Health and Wellness Clinic Unveiled in Reston, Va.*

Cleveland– March 10, 2008 – Whole Health Management, a leading operator of on-site and near-site health clinics for large corporations, and Sprint, opened a 4,500 square-foot health and wellness center and pharmacy on Feb. 15 to serve Sprint employees working at the company’s Reston, Va. offices. The on-site clinic offers quality health services to more than 4,000 Sprint employees and their spouses, as well as minor dependents 14 and older.

The clinic is open to employees Monday through Friday, and is one of two on-site health care clinics operated by Whole Health at Sprint facilities; the other health and wellness center is located at Sprint’s main campus in Overland Park, Kan.

“We are excited to partner with Whole Health to open a second on-site health and wellness center for our Reston employees,” said Stacey Nelson, health care delivery manager for Sprint. “Our existing Whole Health clinic has provided our employees with superior health care services, improving access to care and enhancing employee engagement in important health-care decisions. They have been able to do this while helping to increase productivity and reduce health-care costs. Sprint’s decision to open a new health center and pharmacy supports our efforts to attract and retain the best employees and to keep our employees healthy and productive.”

**Medical Services**

Whole Health staffs and operates the center’s health and wellness center which provides a broad range of services, including: minor illness treatment, health promotion initiatives, physical

examinations, allergy shots, immunizations, health risk and disease management, and nutritional counseling. Facility staff includes a full-time, board-certified physician, a full-time nurse practitioner, two full-time registered nurses, a full-time x-ray technologist, a full-time physical therapist, and two full-time medical assistants.

“Sprint’s dedication to providing proactive health services to its employees at the work site is commendable. We’re excited to grow our partnership with the company to include its Reston offices,” said Jim Hummer, founder and CEO of Whole Health. “We are working with Sprint to customize our services to meet the individual needs of their employees, and are confident that our model of personalized, integrated, proactive care will build a healthier workforce while reducing health-care costs.”

Whole Health specializes in on-site and near-site health clinics that offer comprehensive care. The company is responsible for urgent care and preventative health services at the new Reston, Va., location. The on-site pharmacy provides prescription drugs, over-the-counter medications, and other pharmacy items, in addition to allowing employees access to the pharmacist for counseling and education.

### **About Sprint Nextel**

Sprint Nextel offers a comprehensive range of wireless and wireline communications services bringing the freedom of mobility to consumers, businesses and government users. Sprint Nextel is widely recognized for developing, engineering and deploying innovative technologies, including two robust wireless networks serving approximately 54 million customers at the end of 2007; industry-leading mobile data services; instant national and international push-to-talk capabilities; and a global Tier 1 Internet backbone. For more information, visit [www.sprint.com](http://www.sprint.com).

### **About Whole Health Management**

Whole Health Management is a leading operator of on-site and near-site employer sponsored clinics, health and wellness centers, and pharmacies in the United States. Since 1981, Whole Health has provided comprehensive and integrated occupational health, preventive care, urgent and primary care, physical therapy, fitness programs, health risk and disease management, health coaching and behavioral health counseling to corporate employees and their families. Whole Health clinics deliver significant savings to corporations through lower health care costs, increased productivity, reduced employee sick time, and decreased pharmacy costs. Whole Health serves more than 300,000

employees, and in many cases, spouses and dependents, at 69 sites, including many large corporations and Fortune 500 companies. For more information about Whole Health, visit [www.wholehealthnet.com](http://www.wholehealthnet.com).

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